

RHS Weekly View

A TRADITION OF EXCELLENCE

2/6/2015

RHS Women in Sports

Senior soccer and lacrosse player, Natalie Weil, was recognized at the National Girls and Women in Sports Day celebration on February 1 at Seton Hall University.

The Ridgewood High School athlete received her recognition for outstanding contributions to the RHS Girls Soccer team, where she also served as one of the team's co-captains. Her coach, Jeff Yearing, was also in attendance to congratulate Weil on her achievement.

Sponsored by the National Association for Girls and Women in Sport, the event celebrated the many achievements of girls and women in sports, recognizing female athletes, coaches and administrators.



Natalie Weil and varsity girls soccer coach, Jeff Yearing, pose at the National Girls and Women in Sport Day celebration at Seton Hall University.

You Don't Know Me

Dr. Michael Fowlin presented a program to Ridgewood High School students called, "You Don't Know Me Until You Know Me," on February 6. Using a mix of his talents in acting and psychology, Dr. Fowlin taught the students about inclusion and tolerance for others.

The program, which he has performed all over the United States, is meant to show the importance of acceptance of others and of one's self, and to celebrate people's differences and shared experiences.

The presentation was made possible by a grant from the Ridgewood Home and School Association.



Dr. Michael Fowlin talks with freshmen and sophomores in the gym on February 6.



Andrew Michel and Reid Simoncini sing in the Campus Center during lunch on February 5. As part of Spirit Week at Ridgewood High School, students sang karaoke, dressed up, and participated in various other activities, such as a basketball knock-out game held in the gym.

FAST FACTS...

People aged 12 to 20 years drink 11% of all alcohol consumed in the USA. More than 90% of that alcohol is consumed by binge drinking.

Upcoming

February 7:
ACT Testing @ RHS

February 8:
RHS Band Citrus Sale;
Campus Center

February 9:
Small Ensembles
Concert; 7:30 pm; Little
Theater

February 10 to 13:
Request Classes for
2015-2016

February 11:
Teacher Enrichment

STUDENT SLEEP-IN

February 11:
Concert of Small
Ensembles; 7:30 pm;
Campus Center

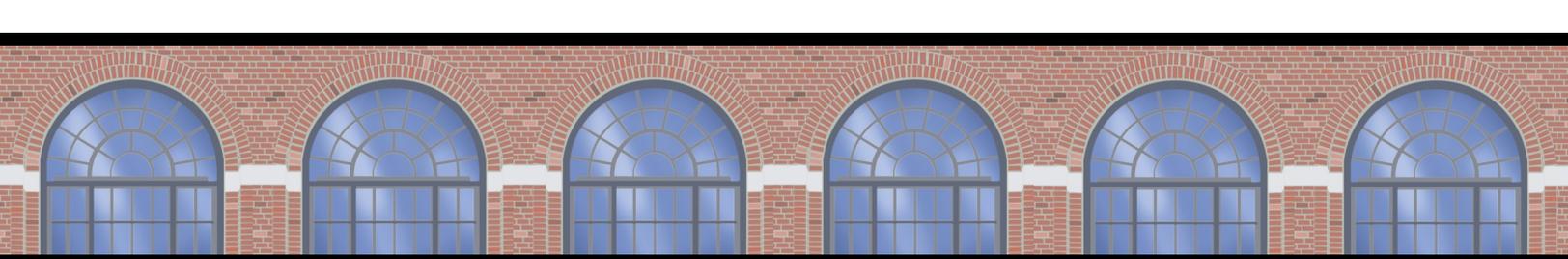
February 12:
Grade 11 Parent
Meeting; 7:30 pm;
Campus Center

Hearts Against Hunger

RHS Football Hearts
against Hunger Food Drive
will take place on the
week of February 9.

Most needed items: pan-
cake mix, syrup, rice prod-
ucts, jelly, hot cereal, dish
washing liquid, coffee, tea,
juices, parmalot, tissues,
paper towels, condiments,
snacks, canned meats, etc.

Place items in the boxes at
the school entrances.



A Rube Goldberg machine designed for Anjali Shah's Physics, Engineering, and Art class. Created by John Decesare, a Rube Goldberg machine is a complicated machine designed to accomplish a relatively simple task.

Course Highlight: Physics, Engineering and Art



Click on the picture to see the [machine in action](#). Designed by Hayes Walsh and Spencer Muhlstock, this Rube Goldberg machine is designed to throw a pie. All the students in Anjali Shah's Physics, Engineering, and Art class designed these machines to learn about the physics involved in their creation.

Physics, Engineering, & Art Honors is a full year science course designed to explore the similarities and differences between the view of nature produced through the lens of physics and that communicated through the visual and performing arts. In the process, it will investigate and compare the scientific and the artistic descriptions of such phenomena as equilibrium, resonance, the electromagnetic spectrum, and relativity. It will rely on the essential understandings developed during the first year of physics and will expand upon them and develop new essential understandings in the areas of mechanics, wave motion, light, and modern physics. Prerequisite: Biology, Chemistry, Physics, and pre or co-enrollment in Pre-Calculus with Trigonometry and a Teacher Recommendation. This is an Honors Level class.

RIDGEWOOD HIGH SCHOOL BASKETBALL COURT WARMING

CATCH THE MAROON SPIRIT!

when: Tuesday, Feb. 10th

time: 6:30pm

where: RHS Gym 1

what: A GOOD TIME

COURT WARMING ACTIVITIES:

- Professional DJ/Announcer
- Food
- Games...prizes!
- Half-Time Contest for **\$500 scholarship**



RHS SUPERFAN T-SHIRT FOR SALE...

yes, they are back!

Cost: \$10 – includes t-shirt & raffle ticket

Order: Unit Lunch (table outside GA office)

or Room 254



RHS POLICY CORNER: Threatening Behavior

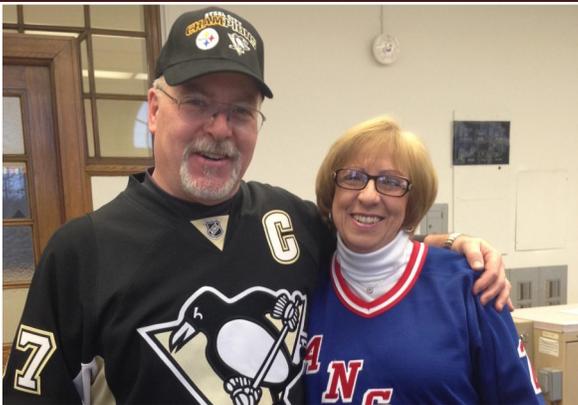
Students shall not create disorder or disruptions on school premises; use, threaten, or incite the use of physical force against other pupils or staff members, or visitors to the school.

Any threatening behavior will be dealt with in the most serious manner. In addition to disciplinary action(s), any student who displays such behavior could be referred to the police and also medical professionals for an evaluation to determine whether or not the student poses a threat to self or others.

A Window Into Ridgewood High School



Students in Mark Syvret's anatomy class study dissected sheep's lungs in order to better learn about a mammal's respiratory system.



John Domville and Patricia Maggi pose peacefully in their hockey jerseys as part of Jersey Thursday during the Ridgewood High School Spirit Week.



Students in Julia Andrews' biology class simulate how genetic engineers use the gel electrophoresis.

State of the Union at RHS

As an extra work opportunity, students from Fred LaFemina's freshman and sophomore social studies classes logged on to a shared Google Doc to answer questions and chat in real time throughout President Barack Obama's State of the Union Address on January 20.

The students discussed the speech and even touched on the theater of the event. They were challenged to scrutinize and debate the President's positions and promises. Afterward, students wrote a brief response to one of the policy decisions of the President and its potential impact.

The chat featured guest appearances by social studies teachers, Laura Fleming and Caitlin Musso, and Dr. Thomas Gorman.



A piece by Claire Andrews as part of the February Ma-
roon and White
Art Show and
Concert. Other
artists included:
Nina Butler, Made-
leine Gaidimas,
Lindsay Kim, Brid-
get Painter, and
Leah Rosenfeld.
Performers includ-
ed: Spencer Gon-
zalez, Ester Choi,
Morgan Mastran-
gelo, and Shoko
Nagami.

QUOTE TO REMEMBER...

"Dreams can change. Whatever your dream is right now, if you don't achieve it, you haven't failed." -Stephen Colbert



RIDGEWOOD HIGH SCHOOL

Website: <http://rhs.school.ridgewood.k12.nj.us/>

