

RHS Weekly View

A TRADITION OF EXCELLENCE

1/22/2016

NFHS NJ Girls Golf Coach of the Year



The National Federation of High School Athletics recently announced that it has selected Ridgewood High School's own, Brian Quirk as the 2015 New Jersey Girls Golf Coach of the Year.

Under Quirk's direction, the RHS girls golf team has been ranked among the top team in New Jersey over the past six years. Last year the team won several major tournaments.

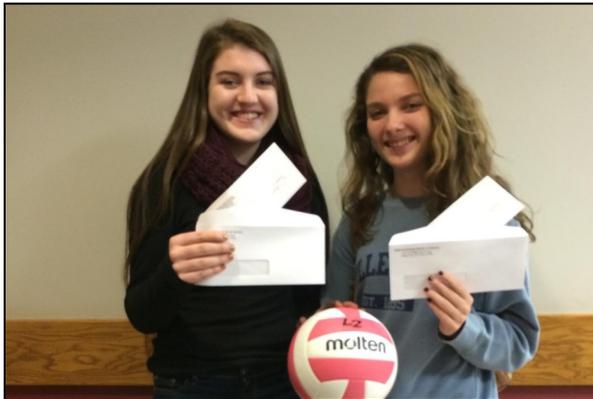
Brian Quirk is also a physical education teacher at Ridgewood High School.



Susan Siok's class listens as one of the workers at Kreisher Manufacturing Corporation explains their manufacturing process. The class took a STEM field trip to tour the Elmwood park facilities on January 7, and learned about some common engineering practices like Hydroforming, 3-D printing, and CAD software analysis.

FAST FACTS...

According to a recent survey taken by 758 Ridgewood parents, 91% say that their child feels safe at Ridgewood High School.



Brittany Gilbert and Christinia d'Ecclesiis stand with two thousand dollar checks for Ovarian Cancer.

Volleyball Raises Money for Cancer

The Ridgewood High School volleyball team helped raise two thousand dollars for Ovarian Cancer Research and the American Cancer Society.

The money was raised by the girls through various efforts, and the money is the culmination of the program's cancer awareness efforts.



Ridgewood High School teacher, Laura Fleming, poses with RHS alum, David Madden, during the annual Ridgewood High School Quiz Bowl. The yearly tournament was held on January 16. Started by Madden, there are now dozens of tournaments held every year spanning more than twenty countries on four continents, with championships held in Arlington, VA.

Upcoming

January 21 to 26:
Mid-term Testing

January 23:
All State Band Auditions; 9:00 am; Stevens High School

January 26:
Winter Dance Concert; 7:30 pm; Little Theater

January 27 to 29:
Counselors Meet with Grades 10 and 11

January 27:
RHS Band Trip Meeting; 7:00 pm; Campus Center

January 28:
RAHP Career Fair; 7:00 pm; Campus Center

RAHP CAREER FAIR

The Ridgewood Academy of Health Professions will host a Career Fair of Health Professions for all interested students. Any student interested in a career in health related fields is welcome.

A wide variety of professionals will be attending. Freshmen interested in joining RAHP are especially invited to attend along with their parents. The Career Fair will be held at the RHS Campus Center on Thursday, January 28th from 7:00 pm to 8:30 pm.



Ridgewood Public Schools Community Outreach Program

Co-sponsored by The Valley Hospital, with support from the Ridgewood Education Foundation and the Home and School Association

OFFICE OF CURRICULUM,
INSTRUCTION, & ASSESSMENT
49 Cottage Place
Ridgewood, New Jersey 07451
201.670.2700



Join your peers and colleagues for eight engaging evening presentations focused on topics that will help you create balance in your children's lives and support their emotional wellbeing.

2015-16 Program

All programs take place from 7:00PM - 9:00PM - at Benjamin Franklin Middle School Auditorium (BFMS) - 335 N. Van Dien Avenue, unless otherwise noted below.

October 28 BFMS
BC Prosecutor's Office
Cybercrime Division

Staying Safe in
Cyberspace

February 10 BFMS
Simone Marean, Exec.
Dir., Girls Leadership
NOTE: Date Change

Raising Resilient Girls

November 10 BFMS
John Jay Bonstingl,
Author & Ed Program
Developer

Raising Responsible
Leaders

March 28 BFMS
*Dr. Madeline Levine,
Author, Psychologist
& National Speaker

The Well-Balanced
Student

December 2, Ed Center
49 Cottage Place, 3rd Floor
Karen Coates, School
Nurse and Health
Educator

Puberty For Petrified
Parents

April 26 BFMS
*John O'Sullivan,
Author, Coach, &
National Speaker

The Race-to-Nowhere in
Youth Athletics

January 19 BFMS
Dr. Adam Price, Author
Researcher, Speaker, &
Psychologist

He's Not Just Lazy:
Helping Under Challenged
& Unmotivated Boys

May 18 BFMS
Mental Health Month
Expert Panel

Local Resources for a
Stigma-Free Community

* Speakers will work with faculty prior to outreach evening program.

NEWS FLASH
Young Adult Librarian
Gina Mitgang
is retiring!

Teens and others are invited to drop in to give her a Leap Year send-off ... and to welcome our new Young Adult Librarian Justin Kontonikolaou

Monday, Feb. 29
@ 3:30-5pm
Library Auditorium

Ping Pong
Pizza
and maybe even KARAOKE

February 2016 Middle School Reading Marathon FUNDRAISER

Edible Book Reading Marathon Kickoff Party
Sunday, Jan. 31 @ 3-4pm
in Library Auditorium

Bring a book-themed cake or other edible creation of your own design for display and a chance at a door prize.
*Or just come for the ...
Cupcake and cookie decorating, eating and other PRIZES!

READ during the month of February.
RECORD what you read on the official Marathon Reading Log*
RETURN the parent-signed Log — together with optional donation — to your English teacher by **Wednesday, March 2.**
COLLECT REWARDS! Read 750 pages or more and turn in a parent-signed Log for B&J ice cream coupon and raffle entries.
*Reading Marathon forms will be distributed through BF and GW Middle Schools and available online at www.ridgewoodlibrary.org

Midterm Exam Support Study & Chill at RPL - Jan. 19-25

Extra Study Tables reserved for RHS student use.

Yoga Breaks
1/21 & 25 @ 3:30

Therapy Dog
1/21 @ 4pm

Flo's Nook Library Café
student specials.

Ridgewood Public Library HOMEWORK CENTER

FREE drop-in Homework Help for **Grades 3-9** available to all Ridgewood Library cardholders

Tuesdays & Thursdays @ 3:30-5:30pm

Study on your own ... or get help from top Ridgewood High School student volunteers. Wi-Fi Macs/PCs, color printing available. Meets in Library Auditorium. Sign in with Ridgewood Library card.

TEEN COOKS UNITE

Mondays @ 4-5pm (except for Feb. 29)
Join us to create — and eat — something tasty together!

Jan. 11 Ramen Noodle "Hacks" Feb. 29 @ 7pm Tiramisu March 21 Ravioli

Creative Writing

No test, no homework, just fun writing exercises to help you get your stories down on paper.

Grades 6-8 Thursdays @ 4-5 pm: Jan. 21, Feb. 18, Mar. 17
Grades 9-10 Mondays @ 4-5 pm: Feb. 1, March 7, April 4

TEEN TECH CLUB

A weekly lab for tinkering with high and low-tech projects.
Wednesdays @ 4:30-5:30pm

Jan 6, 13, 20, 27:
Fun with photography special effects.

Feb 3, 10, 17, 24:
High-tech Valentines.

March 2, 9, 16, 23, 30:
Custom T-shirt design.

1-HOUR TEST PREP WORKSHOPS

Grades 9-12 Gain strategies to help you pace and ace the English and reading sections of the ACT and SAT texts. Two **FREE** workshops led by Tanya Lesser, a Nationally Board Certified teacher with a Masters from Teachers College, Columbia University.

ACT English & Reading Sections
Thursday, Jan 14 @ 4:30-5:30pm

SAT Critical Reading Section
Tuesday, Feb. 9 @ 5-6pm

MIDDLE SCHOOL READER'S CAFE

Grades 6-8 Graze a selection of books while you literally graze a selection of snacks. Two minutes per book, an hour for snacks. Use your "menu" to record your opinion. New theme each month!

Mondays @ 4-5pm — Feb. 22 (realistic fiction) Mar. 21 (thrillers)

2-part GRAPHIC NOVEL Drawing Workshop

Wednesdays @ 7-8pm—Jan 27 & Feb 3

Ready to create a comic or graphic novel of your own? Pop Culture expert Ed Catto introduces the basics of graphic storytelling and character development and offers a reading list sure to spark ideas. Sketchpads welcome, but all materials will be provided.

Loom & Listen

Listen to a popular teen audiobook or entertaining podcast while loom knitting cozy creations. We provide the audio, looms and instruction. You provide the bulky yarn.

Tuesdays @ 4-6pm—Jan. 26, Feb. 23, Mar. 22

CALL FOR ENTRIES
9th annual TEEN PHOTO CONTEST

CASH PRIZES!

Entry Deadline: Wednesday, April 20, 2016 (midnight)
Prizes: Separate cash prizes for Middle School and High School entries in three categories: Ridgewood Life — Portraits — Nature
How to submit: Watch Library website for details

Teen Take-Out DIY

On the go? Pick up a takeout container with everything you need to make a cool craft.
New crafts available **Jan. 19, Feb. 16, Mar. 15**

Please visit www.ridgewoodlibrary.org/#teenvolunteeropportunities/cvps for Student Volunteer Application, descriptions of volunteer tasks and upcoming volunteer orientation dates.



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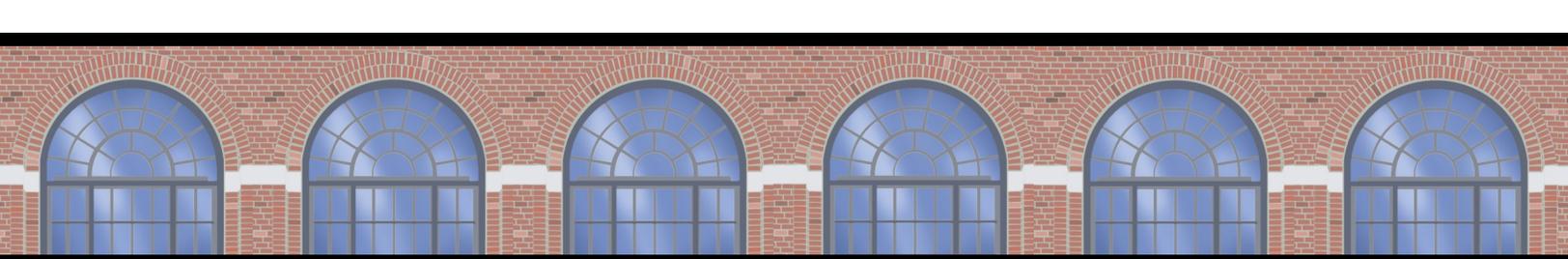
Raising Resilient Girls

Benjamin Franklin Middle School
335 North Van Dien Avenue
Wednesday, February 10, 2016
7:00-9:00 pm



We invite you to join Girls Leadership's Founder and Executive Director, Simone Marean, for her acclaimed parent education talk "Raising Resilient Girls." As written up in *Parent Magazine*, Simone's talk focuses on practical, actionable advice that you can use at home to help support the young girl or girls in your life. Her presentation covers the development of girl dynamics from pre-school through high school.

For over ten years, the national non-profit organization, Girls Leadership, has awakened thousands of girls to a new, bold definition of leadership. Co-founded by bestselling author, Rachel Simmons, Girls Leadership believes that leadership is a way of life, which begins in girlhood. We define leadership as a girl's ability to know how she feels, say what she needs, and respond courageously to her mistakes. Girls graduate from our programs more emotionally intelligent, resilient, and confident.



A Window Into Ridgewood High School



Students in Sean Kase’s business class make presentations during mid-term exams to a panel of judges on city locations for holding the DECA Nationals.



Students in Karen Mendez’s business class use their Chromebooks and paper to take exams during the mid-term testing week.



Students study for mid-term exams in the cafeteria during a free period.

SATs at Ridgewood High School are Canceled

Due to the inclement weather reports and the impending snow this weekend, it has been decided that the SAT testing previously scheduled to be held tomorrow, January 23, 2016, will be canceled. The testing has been rescheduled.

The SAT will now be held on Saturday, February 20, 2016. All times will remain the same. We would like to thank you for your patience in this matter as severe weather can be a danger to students and test proctors alike.

Ridgewood High School would like to wish you a safe and warm



Ridgewood students enjoy the company of a wellness dog in between mid-term exams. At no cost to the district, several therapy dogs volunteered at the high school during mid-terms this past week to help students feel more at ease during the stressful time of mid-terms. Ridgewood High School has always made strides to help students feel rested and prepared for their examinations. Testing time can be stressful time for students and teachers alike and it is important that there are ways to alleviate those stresses whenever possible.

QUOTE TO REMEMBER...

“There are worse crimes than burning books. One of them is not reading them.” -Ray Bradbury



RIDGEWOOD HIGH SCHOOL

Website: <http://rhs.school.ridgewood.k12.nj.us/>

