

# RHS Weekly View

A TRADITION OF EXCELLENCE

5/6/2016

## Crew Wins in Philly

The Ridgewood Crew team was the top performing New Jersey team at the Philadelphia City Championship. On May 1, the team brought home four gold medals and three bronze medals through their efforts in the championship event.

Nine boats qualified to represent Ridgewood at the 2016 National Scholastic Rowing Association of America Regatta in Ohio, which will take place on Memorial Day weekend.

Despite the cold and rainy weather conditions, the Ridgewood team medaled in a variety of events including the Boys Varsity 1x, the Girls Varsity 2x, the Girls and Boys Freshmen, Girls and Boys JV 2x, and the Boy Ltwt 2x.

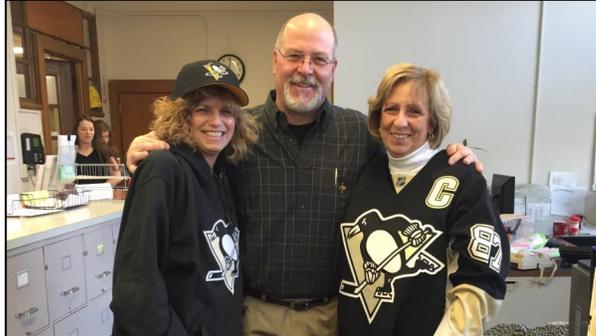
Congratulations to the team.



Gold medalist, Brendan Caltavuturo, holds up the trophy for the Ridgewood Crew's competition in Philadelphia.

### FAST FACTS...

Approximately 10% of 9-10 year olds have started drinking, and one in three begin drinking before the age of 13.



Ridgewood High School social studies teacher, John Domville, enjoys the victory of his favorite hockey team. Domville was just named 2015-2016 Ridgewood High School Teacher of the Year in recognition of his work at RHS and for all the numerous students, teachers, and Rangers' fans he has helped inspire.

## History Bowl in Washington

In April members of the Ridgewood High School's History Bowl team visited the nation's capitol, Washington DC.

The team attended the annual Varsity and Junior Varsity National Championships on April 22 in Arlington, Virginia. They also took in some of the sites and attractions around DC.



Members of Ridgewood High School's History Bowl Team sit in the Washington office of Congressman Scott Garrett.

## Upcoming

### May 2 to 13:

AP Exams

### May 6:

Local Scholarship  
Common Applications  
are Due

### May 6:

SATs at RHS

### May 10:

HSA Meeting; 7:30 pm;  
Library

### May 11:

College Speaker Series;  
7:30 pm; Campus  
Center

### May 12:

*Metamorphoses*;  
7:00 pm; Little Theater

### May 13:

Jazz in the Wood;  
6:00 pm; Ridgewood  
Woman's Club

### May 13:

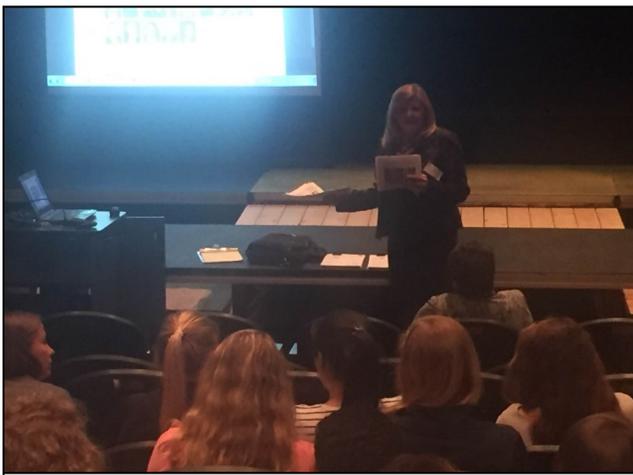
*Metamorphoses*; 8:00  
pm; Little Theater

## NPC: METAMORPHOSES

Come out and see *Metamorphoses* in The Little Theatre .

Tickets are \$15 for adults, \$10 for seniors/students/staff with a special \$7 at 7:00 pm for students for the Thursday performance, available through the leadership council.

[www.rhsnewplayers.com](http://www.rhsnewplayers.com)



Gina Fenton, who works for New York Life Insurance spoke to students as part of a guest series of guest speakers that talked to Ridgewood High School students about various positions in the financial services industry.

### Financial Professionals and RHS

Four guest speakers from various positions in the financial services industry came to Ridgewood High School to speak to students in the AP micro/macro and global economics classes. The professionals spoke about their experiences in their chosen profession and answered questions from students.

Domenica English spoke about her role in financial education with Wells Fargo; Gina Fenton talked about work for New York Life Insurance; Dan Gioia gave a seminar on investment banking and leveraged buyouts based on his role at Royal Bank of Canada; and Ellen Lalwani spoke about her journey toward becoming an executive in retail banking.

The program was organized through the efforts of economics teacher Timothy Monahan and took place on Friday April 29. Students spent two class periods in the Little Theater listening to the various speakers and learning about the world of finance and the variety of jobs that people can hold in them. It was an educational and interesting experience for everyone involved.

Just in time for Mother's Day, the Ridgewood High School *She's the First Club* is selling necklaces for \$20.00

[www.shesthefirst.org](http://www.shesthefirst.org)

*She's the First* is a group devoted to furthering girls education around the world. The RHS chapter is raising money to sponsor a girl to become a first generation graduate.

This is a nice gift for Mom that goes towards a worthy cause. If you would like to purchase one, email club president [Isabel Faherty](mailto:isabel.faherty@ridgewood.k12.nj.us).

### Ridgewood High School Color Guard Audition Rehearsals 2016

Come join the Sport of the Arts!!!

Come see what Color Guard is like!

NO EXPERIENCE NECESSARY

Be Part of the Marching Band!

May 2<sup>nd</sup> - 3:15-4:45 - GW MS Gym

May 9<sup>th</sup> - 3:15-4:45 - BF MS Gym

May 11<sup>th</sup> - 3:30-5:00 - RHS Band room

May 16<sup>th</sup> - 6:30-8:00 - RHS Band Room

Questions? Mr. Luckenbill: [jluckenbill@ridgewood.k12.nj.us](mailto:jluckenbill@ridgewood.k12.nj.us)



### RHS High Times News Corner



What role does wellness and fitness play in taking AP exams? Find out in the newest article from the RHS High Times.

"For long-term benefits, several foods aid in the sustenance of a healthy memory. Omega-3s is a key fatty acid that promotes concentration, alertness, and brain capacity..." To continue reading this piece and more student writing visit [www.rhshightimes.com](http://www.rhshightimes.com).

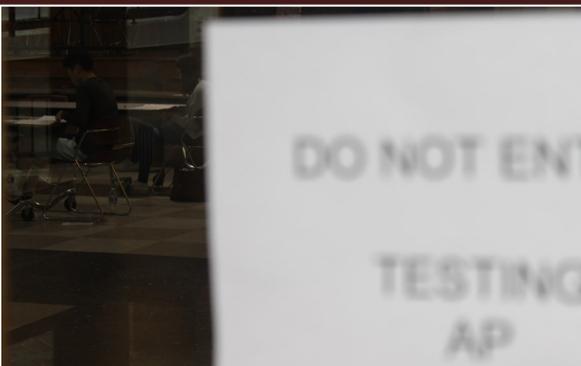
## A Window Into Ridgewood High School



The Ridgewood Home and School Association sponsored a lunch for Ridgewood teachers and staff on May 4 as part of Teacher Appreciation Week.



Students pose on the outside climbing wall as part of Project Adventure. The class is aimed at teaching students confidence through conquering a wall climb, a ropes course, and other physical activities.



Students taking AP tests in the campus center. All this week and next week Ridgewood students are taking their Advanced Placement exams.



Outgoing Ridgewood Board of Education student representative, Josh Schneider stands with board members at the most recent meeting. The RPS Board honored Schneider for his past year of service. He will be replaced by Elisabeth Marchini for the 2016-2017 school year.



Ridgewood High School senior, Stephanie Buesser, dances in her costume for the *Black Swan* variation. Buesser recently competed at the Youth America Grand Prix finals in New York City. It was also announced on April 22, that she recently signed a contract with the Ballet West in Salt Lake City to perform professionally next year. She is one of only seven new dancers to be chosen for the position. RHS wants to wish her the best of luck.

### QUOTE TO REMEMBER...

*"The future is worth it. All the pain. All the tears. The future is worth the fight."* -John Jones



RIDGEWOOD HIGH SCHOOL

Website: <http://rhs.school.ridgewood.k12.nj.us/>

